

Gloria Dei Lutheran Church | www.gloriadeionline.com | 515-276-1700

Sept. 18 and 19, 2010 | Seventeenth Sunday after Pentecost

### "A Study of the 10...Love God"

to people for the first time and for a lifetime.

Bringing Jesus Christ Today we will learn more about the first three commandments and why they are important to us. The order of the commandments is important. First we love God and then we love one another. The first three commands deal with our

relationship with God. There was much in the promised land that would take the people away from the one true God. Only

through constant attention, revering his name, and keeping the Sabbath would they remain faithful to God. If they did not, if they turned to the false gods, they would have been lost, not only in this life, but for an eternity.



Some would say that we live in the promised land. Certainly there is much that would entice us away from our God. The modern day idols of silver and gold or those of power and authority can easily entice us away. Reverence of his name and making time for him on a daily and weekly basis is essential to staying the course.

### Faith Alive rocked the house!















#### Message Series Resources

Small groups: If you would like to be in a small group that focuses on "A Study of the 10," contact Pastor Robarge at probarge@gloriadeionline. com.

#### **Discussion Guides:**

A discussion guide is enclosed in the Weekly Word. Please take time to review the guide within your small group or family. We believe it will help to integrate the message series into everyday life.

#### **Care Night**

If you are grieving or going through a divorce, please come to our Care Night, Thursday from 6-8 p.m. The evening begins at 6 p.m. with a fellowship meal followed by support groups.

In addition, we will offer a session on health. "Improving My Overall Diet and Nutrition," from 6:30-7:30 p.m.

Our Wednesday educational times began last Wednesday where lots of children enjoyed food, fellowship, worship and study that centered around Jesus.

If vou missed it last week, no problem, please feel free to join in the fun this Wednesday!

### What's all this fuss about social media?

Wednesday, Sept. 29 from 6:15-7:15 p.m. in the board room Sunday, Oct. 3 from 9-10 a.m. in room 129 Sunday, Oct. 3 from 10-11 a.m. in room 129

If you are wondering about social media and the role various online networks and platforms are playing in bringing people to Jesus Christ for the first time and a lifetime, look no further. Kory Schramm, a member and a marketing strategist, will help unravel some of the mystery behind this next generation of communication. He will discuss the aspects and reasoning behind such tools as Twitter and Facebook and highlight how to use them in a manner that honors God. If you have no computer experience, please do not feel intimidated, the session is designed as an informative introduction.

### **Iowa District West is Moving**

The District Office is moving and needs skilled and unskilled laborers. If you can help any Tuesday through Saturday in September or October, please call Jim and Patti Adams at 563-650-3180.

### **Women's Bible Connections**

Women, it is not too late to join us! Plus, childcare is provided at both sessions.

#### Monday at 9:30 a.m.:

- "To Live as Christ: The Life and Ministry of Paul" by Beth Moore
- "Becoming a Woman of Simplicity" by Cynthia Heald
- "Lifelight: Bible Feasts" from Concordia Publishing House

#### Monday at 6:30 p.m.:

- "To Live as Christ: The Life and Ministry of Paul" by Beth Moore
- "Crave" by Erwin McManus
- "Health and Wellness" by Etta Malcom

### **Book Club**

Wednesday, Oct. 6 from 6:15-7:15 p.m. Take time for yourself and read a good book or two and then be prepared to share how it has impacted your life.

**October 6** - "The Skeleton in God's Closet" by Paul Maier - Dr. Jonathan Weber, Harvard professor and biblical scholar, is looking forward to his sabbatical year on an archaeological dig in Israel. But a spectacular find that seems to be an archaeologist's dream-come-true becomes a nightmare that could be the death rattle of Christianity.

### Free buffet on Sunday, Sept. 26

It's true and there is no hidden cost. Incredible Pizza Company, 3799 86th Street, Urbandale, has invited Gloria Dei to a complimentary buffet Sunday, Sept. 26 from noon to 2 p.m. All you need to do is to present a *Weekly Word* and your entire family will eat free.



Gloria Dei Lutheran Church 8301 Aurora Ave. Urbandale, Iowa 50322

#### 515-276-1700

#### www.gloriadeionline.com

Rev. Ronald Burcham Senior Pastor rburcham@gloriadeionline.com

Rev. Timothy Phillips Director of Congregational Care tphillips@gloriadeionline.com

Rev. Philip Robarge Director of Adult Ministry probarge@gloriadeionline.com

Governing Board: govboard@gloriadeionline.com

For a complete staff listing: go to our Web site at: www.gloriadeionline.com

# Web site

# Did you know? We have the following online:

- All children's, youth and adult activities
- Sermons available Monday morning
- Midweek meal menus
- Mission trip updates
- Registration for Grace
  Place and Faith Alive
- Outreach opportunities
- Giving options

#### Check us out today! www.gloriadeionline.com

### **Pastor's Conference**

Gloria Dei will host the Pastor's Conference for Iowa District West (IDW) on Sept. 27-28. We are expecting approximately 200 pastors and their wives for a time of worship, teachings and fellowship. The congregation is invited to the opening worship service Monday at 10 a.m. where IDW President Paul Sieveking will speak.

The Conference presenter this year will be the newly elected president of the Lutheran Church Missouri Synod (LCMS), Rev. Matthew Harrison. Prior to the election, Rev. Harrison agreed to speak at this year's conference about LCMS mercy and compassion ministries because of his involvement in the LCMS World Relief and Human Care. Since he originally agreed to come as a representative to promote compassion ministries, he did not schedule an open forum where he could meet with the public as their newly elected president. We feel privileged and honored to host the conference and ask for your prayers as we host the pastors in our district.

### Thank you

Thanks to those who have contributed to the hymnal fund. We now have the new Lutheran Service Books in the pews. If you would like to use them during the traditional services, the hymn numbers are at the top of each screen after the title. The hymnal also includes the psalms, prayers for different situations and Luther's Small Catechism. If you would still like to contribute, there are envelopes available in the church office. The Lutheran Hymnals (Red Hymnal) are available in the narthex. Feel free to take one home with you today!

### Singles coffee night

**Thursday, Sept. 23 at 7 p.m.** All singles are invited to a night of Christian fellowship with our expanding group of friends at Smokey Row Coffee Shop, 1910 Cottage Grove Ave., DSM 50314 on Thursday, Sept. 23 at 7 p.m. If you have any questions, contact Michael Callison at Mcall78869@aol.com or 270-8555.

#### Servers **Officiant/Liturgist: Organist**: 7:45 a.m. Wendell Dickey 5:30 p.m. (FLC): Kathy Stange Rev. Ron Burcham Jamie Grimm Acolytes: Bill Kickbush 7:45 a.m. (Sanctuary): 9:00 a.m. (Sanctuary): Jeff Littschwager **Rev.** Tim Phillips **Kassidy Hays** Tim Radig 10:30 a.m. (Sanctuary): 9 a.m. (Sanctuary): 9 a.m. **Rev. Tim Phillips** Hannah Riedinger Randy Bamsey Bruce Boettcher 9 a.m. (FLC): **Elders:** Paul Cook Rev. Philip Robarge Jim Miles Randy Dickey Terry Woolman Duane Haas 10:30 a.m. (Sanctuary): Vic Kesse Mark Jobst Rev. Ron Burcham Jay Plagge **Ushers**: **Preacher:** Northwind 10:30 a.m. Rev. Ron Burcham Mike Cobb Dave Miller Sandy Junge Tom Junge

Scripture Readings: Exodus 20: 1-11 and Matthew 22: 34-40 (NIV)

#### Let's pray!

Blue prayer request cards are beneath the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

#### Thanksgivings

• For our families

#### Prayers

#### For the health of:

- Dick Bunch, brother-inlaw of Elaine Klinefelter
- Louise Crosser
- Addison Blythe, who is struggling with her chemo treatments
- Shirley Knickman
- Shirley Disney
- Ronan Thompson
- Meri Van Ahn
- Jo Lynn Yeutsy's father

#### And for:

- Greg Olson, son of Phil and Connie Olson, working for the military in Indonesia
- All of our military serving around the world, specifically for Tom Kennedy and Nat Wunsch

# Prayer ministry team

If you are interested in joining the prayer ministry team, please e-mail Pastor Phillips at: tphillips@gloriadeionline.com with your name, e-mail address and phone number.

### **Urbandale Food Pantry**

Since the Urbandale Food Pantry opened its doors two years ago, they have more than doubled the number of families who receive a once-a-month supply of food. Last month, they gave food to 223 families or 620 people. In addition, the number of individuals using the pantry on a daily basis to receive fresh bread and produce has increased dramatically. The



*Eileen Boggess, UFP Coordinator, helps stock the shelves.* 

rapid growth has caused them to move into a larger office, three doors down from their current location at 7611 Douglas Ave.

"We care for people from all walks of life," says Eileen Boggess, Urbandale Food Pantry Coordinator. Clients range from professional couples who have recently lost their jobs to refugees from Africa, Eastern Europe, Russia and Vietnam.

"You get to know and appreciate these people," says Eileen as she gave a hearty welcome to a familiar face that entered the pantry last Monday. Eileen explains that this woman came in for food

while undergoing chemotherapy. "It's great to see her rebound."

As Eileen showed the new location, which is still under construction, she was especially excited to show the area where families will check in and then sit comfortably in a waiting room until their food package is ready. The new location will also have ample room for the more than 70 volunteers who work 150 hours per month by talking with the clients, assembling food packages and organizing the donations on the shelves.

"Since Gloria Dei has been instrumental in supporting the Food Pantry since its beginning and continues to support it along with other congregations," says Pastor Burcham, "I want to further support their move by challenging us to collect enough funds to purchase a commercial freezer and refrigerator for about \$2,500. I feel confident we will meet this need."

If you would like to contribute, please return the enclosed envelope in the offering plate or to the office by Sept. 27.

### Arts & Craft Show

**Baked goods:** Pull out your favorite recipes and decide what you'd like to contribute to the annual Arts & Craft Show on Oct. 9. Cookies, pies, brownies, breads–all go



fast! If you know what you'll bring, there are labels at the table in back of the narthex along with a sign-up sheet. Especially be sure to note whether nuts are included in the ingredients. We'll start wrapping on Friday night Oct. 8, but will gladly accept donations up until noon on Saturday. Baking not really your specialty? Fresh fall produce and preserves are also welcome.

**Donations:** We have received lots of requests about donating water and soda for the show. We appreciate the questions, but due to space

limitations, we will not be able to store them until October. At that time, please feel free to drop off all the donations to the kitchen.

#### Ways to help:

- Purchase a refrigerator and freezer by returning the enclosed envelope.
- Help move them Saturday, Sept. 18, Saturday, Sept. 25 and Saturday, Oct. 2.\*
- Drop off shampoo in the Urbandale Food Pantry bin in the narthex.

\* If you are interested in helping them move, please call the Urbandale Food Pantry at 251-6688.





More than 70 volunteers help with the food pantry monthly where they gave food to more than 620 people last month.

### LWML fall retreat

LWML women are invited to the LWML fall retreat, Saturday, Oct. 30 from 9:30 a.m. to 3 p.m. at Mission Central Headquarters in Mapleton.

Rev. Mark Gerken will speak on this year's theme "In the Word." Registration fee is \$10. Registration forms can be picked up at the Welcome Center. If you would like to carpool, contact Donna Maasen at 278-4259.



luke 9:23

#### Thank you!

Thanks to Alina Doefer, Jennifer Schenk, Cheryl Gilg, Dan Morton and the numerous teens who helped transform the Youth Center.



Our youth painted out!

incredible paintinas for the Youth Center. Come and check them

#### Mission Trip Sign-up (Grades 8-12)

Please turn in the \$50 deposit by Oct. 4 for the Ripley, Tenn. mission trip.

#### Pastors' Conference (Grades 6-12)

Sign up at the bulletin board to help with the Pastors' conference on Sunday, Sept. 26.

#### Sunday: Castaway (Grades 6-8)

Come expecting fun times during our Castaway hour from 9-10 a.m. on Sunday mornings. Topic: "A Study of the 10."

#### Wednesday from 6-7:15 p.m. (Grades 6-8)

Students in grades 6-8 meet in small groups to discuss various topics relevant to their lives.

#### IDW Jr. High Youth Gathering (Grades 6-8)

Please return your forms and payment of \$115 by Sunday, Sept. 19.

#### Wednesday evening - The Point (Grades 9-12)

Join us this Wednesday from 6-7:15 p.m. for a multi-sensory learning time in the Youth Center. Each evening will consist of praise worship, large-group Bible study and small group discussion. Sept. 22: "Preparing for Healthy Relationships"

#### Sundays from 9-10 a.m. (Grades 9-12)

Join us as we discuss "The Study of the 10."

### **Grace Place**

Saturday from 5:50-6:30 p.m. Sunday from 9:20-10 a.m. and 10:50-11:30 a.m.

Grace Place offers age-appropriate educational opportunities for children ages 2 through grade 5. Families are welcome to worship together before children are excused for Grace Place, or families can take their children to the individual classrooms.

This fall our emphasis will parallel the message series on how to apply the Ten Commandments to everyday life.

### **Location Change**

#### All children's ministry activities will be in the east end.

During the summer we renovated the east end of our building to graciously host our children's ministry.

Please bring or pick up your children in the classrooms at the east end. See you there!

## **Faith Alive**

#### Wednesday, from 6-7:15 p.m.

Families can begin the evening worshipping together as a family in the Sanctuary at 6 p.m. Children ages 2 through grade 5 will then head to their specific classes where they will enjoy music, play, story reading, crafts and Biblebased lessons.

#### Midweek meal from 5-5:45 p.m.

Enjoy a meal for \$4 per adult and \$2 per child or youth (under 2 eat free).

### The Wave

#### Sunday, Oct. 10 from 2:30-4:30 p.m.

Children grades 3-5 and their families are invited to Geisler Farms, east of Ankeny, which has a corn maze, hay ride and bonfire with s'mores on Sunday, October 10, 2:30-4:30 p.m. Cost is \$6.50 per person.

### Week of Sept. 18-25, 2010

#### Saturday, September 18

- 8:00 a.m. Stephen Ministry Workshop
- 4:00 p.m. Northwind Worship Rehearsal
- 5:30 p.m. Northwind Worship Service in Family Life Center
- 5:50 p.m. Grace Place

#### Sunday, September 19

7:45 a.m.	Traditional Worship Service in Sanctuary
	with Communion
9:00 a.m.	Traditional Worship Service in Sanctuary
	with Communion
9:00 a.m.	H3 Worship Service in Family Life Center
9:00 a.m.	Senior High Bible Study
9:00 a.m.	Junior High Castaway
9:10 a.m.	Adult Bible Study
9:20 a.m.	Grace Place
9:20 a.m.	Castaway
9:20 a.m.	Lifelight Bible Study
9:20 a.m.	Worship Team Warm-up
10:15 a.m.	Adult Bible Study
10:30 a.m.	Infusion Contemporary Worship Service
	in Sanctuary with Communion
10:50 a.m.	Grace Place
2:00 p.m.	Chapel at Emeritus Urbandale

#### Monday, September 20

- 9:30 a.m. Women's Bible Connections a.m.
- 1:00 p.m. Stephen Ministry Supervision-Afternoon
- 6:30 p.m. Men's Basketball
- 6:30 p.m. Women's Bible Connections p.m.
- 6:30 p.m. Stephen Minister Supervision-Evening
- 6:30 p.m. A Study of the 10 Small Group

#### Tuesday, September 21

- 9:30 a.m. A Study of the 10 Small Group
- 1:00 p.m. Staff Meeting
- 2:30 p.m. Tuesday Afternoon Bible Study
- 4:30 p.m. Kindermusik Young Child Semester 3
- 5:45 p.m. Kindermusik Village
- 6:00 p.m. Beginning Dance

Worship	Attendance	Communion	
Northwind	124	77	
7:45 a.m.	126		
9 a.m. (Sanctuary)	387		
9 a.m. (FLC)	88	31	
10:30 a.m.	284		
Total	1009	108	

#### **Tuesday, September 21 (continued)**

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6:30 p.m.	Kindermusik Imagine That
6:30 p.m.	Kindermusik Our Time
6:30 p.m.	Financial Peace University
6:45 p.m.	Creative Dance
7:00 p.m.	Women's Bible Study
Wednesda	y, September 22
10:00 a.m.	Pastor Robarge's Bible Study
5:00 p.m.	Midweek Meal
6:00 p.m.	Faith Alive
6:00 p.m.	Junior High Small Groups
6:00 p.m.	The Point - Senior High
6:00 p.m.	Alleluia Ringers
6:15 p.m.	The Truth Project Parenting Bible Study
6:15 p.m.	A Study of the 10 Small Group
6:45 p.m.	Carrilloneurs
7:00 p.m.	Gloria Dei Chorale
Thursday,	September 23
6:30 a.m.	Men's Bible Study
10:00 a.m.	Joyful Stitchers
2:00 p.m.	Pastor's Conference Choir Rehearsal

- 2:00 p.m. Pastor's Conference Choir Rehears
- 6:00 p.m. Care Night Meal 6:00 p.m. Infusion Rehearsal
- 6:30 p.m. Care Night
- 6:30 p.m. Discovery 101
- 6:30 p.m. Tiny Treasures Open House

#### Friday, September 24

5:30 p.m. Cody Sorensen and Meagan Bentrott Rehearsal

#### Saturday, September 25

- 4:00 p.m. Cody Sorensen and Meagan Bentrott Wedding
   4:00 p.m. Northwind Worship Rehearsal
- 5:30 p.m. Northwind Worship Service in
  - Family Life Center with Communion
- 5:50 p.m. Grace Place

Outpouring of Love	
General Fund Offerings	\$34,825
First QTD Offering	\$303,052
First QTD Budget	\$301,000

### Week of Sept. 25-Oct. 2, 2010

#### Saturday, September 25

	•
4:00 p.m.	Cody Sorensen and Meagan Bentrott
	Wedding
4:00 p.m.	Northwind Worship Rehearsal
5:30 p.m.	Northwind Worship Service in
	Family Life Center with Communion
5:50 p.m.	Grace Place
Currelau Ca	ntombor 00
Sunday, Se	ptember 26
7:45 a.m.	Traditional Worship Service in Sanctua

- ry
- 9:00 a.m. Traditional Worship Service in Sanctuary 9:00 a.m. H3 Worship Service in Family Life Center with Communion
- Senior High Bible Study 9:00 a.m.
- 9:00 a.m. Junior High Castaway
- 9:10 a.m. Adult Bible Study
- 9:20 a.m. Grace Place
- 9:20 a.m. Castaway
- Lifelight Bible Study 9:20 a.m.
- 9:20 a.m. Worship Team Warm-up
- 10:15 a.m. Adult Bible Study
- 10:30 a.m. Infusion Contemporary Worship Service in Sanctuary 10:50 a.m. Grace Place
- 2:00 p.m. Eagle Scout Ceremony and Reception

#### Monday, September 27

- Iowa District West Pastor's Conference 8:00 a.m.
- 6:30 p.m. A Study of the 10 Small Group

#### **Tuesday, September 28**

- 8:00 a.m. Iowa District West Pastors' Conference
- A Study of the 10 Small Group 9:30 a.m.
- 11:00 a.m. IDW Senior Youth Gathering Planning
- 12:00 p.m. IDW Jr. Youth Gathering Meeting
- 4:30 p.m. Kindermusik Young Child Semester 3
- 5:45 p.m. Kindermusik Village
- 6:00 p.m. **Beginning Dance**

#### Tuesday, September 28 (continued)

6:30 p.m.	Kindermusik Imagine That			
6:30 p.m.	Kindermusik Our Time			
6:30 p.m.	Financial Peace University			
6:45 p.m.	Creative Dance			
7:00 p.m.	Women's Bible Study			
Wednesday, September 29				
10:00 a.m.	Pastor Robarge's Bible Study			
5:00 p.m.	Midweek Meal			
6:00 p.m.	Faith Alive			

6:00 p.m.	Junior High Small Groups
6:00 p.m.	The Point - Senior High
6:00 p.m.	Alleluia Ringers
6:15 p.m.	The Truth Project Parenting Bible Study
6:15 p.m.	A Study of the 10 Small Group
6:45 p.m.	Carrilloneurs
7:00 p.m.	Gloria Dei Chorale

#### Thursday, September 30

6:30 a.m.	Men's Bible Study
10:00 a.m.	Joyful Stitchers
6:00 p.m.	Care Night Meal
6:00 p.m.	Infusion Rehearsal
6:30 p.m.	Care Night
6:30 p.m.	Discovery 101
6:30 p.m.	Volleyball

#### Friday, October 1

9:30 a.m.	MOM's Club of West Des Moines
6:00 p.m.	Justin Gerst and Amanda Muhlenbruck
	Rehearsal

#### Saturday, October 2

3:00 p.m.	Justin Gerst and Amanda Muhlenbruck
	Wedding
4:00 p.m.	Northwind Worship Rehearsal

- Northwind Worship Service in 5:30 p.m. Family Life Center
- Grace Place 5:50 p.m.

Children's Attendance	Saturday 5:50 p.m.	Sunday 9:20 a.m.	Sunday 10:30 a.m.	Wednesday 6:15 p.m.	Youth Attendance	Sunday 9 a.m.	Wednesday 6:15 p.m.
Total Children	24	101	63	140	Junior High	36	96
	·	·	·	<u>.                                    </u>	Senior High	18	34
					Total Youth	54	130

# Welcome to Gloria Dei! We are glad you are here!

Welcome! Please take some time to get to know us. If you have any questions, ask any of our member or stop by the Information Center today!

#### Weekend Worship Services

Children are encouraged to worship with their parents at each service before being invited to Grace Place: Saturday at 5:50 and Sunday at 9:20 and 10:50 a.m. For youth in grades 6-8, an invitation to Castaway will be extended on Sunday at 9:20 a.m.

**Northwind Contemporary Worship Service:** Saturday at 5:30 p.m. in the Family Life Center: This come-as-you-are service offers high-energy worship.

**Traditional Worship Service:** Sunday at 7:45 a.m. in the Sanctuary: Join us in this classical Lutheran worship service that utilizes all the divine services and hymns from the new Lutheran Service Book.

**Traditional Worship Service:** Sunday at 9 a.m. in the Sanctuary: Our classical Lutheran worship makes use of written and free-flow liturgy with traditional hymns.

**H-3 Family Worship Service:** Sunday at 9 a.m. in the Family Life Center: Experience the wonder of a child in this casual and friendly-family atmosphere where families with young children worship together. Toe-tapping hymns, lively praise music and puppets will capture the heart of all family members.

**Infusion-Contemporary Worship:** Sunday at 10:30 a.m. in the Sanctuary: This service offers high-energy worship using contemporary Christian songs and praise music.

#### **Other Important Items**

**Nursery:** Infants to age 3. Located on the lower level with access through the doors in the narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

**Cry room:** Located in the southwest corner of the narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

#### This Week's Bible Reading Exodus 20:1-11 (NIV)

And God spoke all these words: "I am the LORD your God, who brought you out of Egypt, out of the land of slavery. You shall have no other gods before me.

You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, but showing love to a thousand {generations} of those who love me and keep my commandments.

You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name. Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy."

#### **Gloria Dei Weekend Worship Times**

Saturday Evening: 5:30 Northwind Contemporary Sunday Morning: 7:45 Traditional • 9:00 Traditional • 9:00 H3 Service • 10:30 Contemporary Children's Educational Times: Saturday at 5:50 p.m. and Sunday at 9:20 and 10:50 a.m. Staffed nursery from 8 a.m.-noon

#### Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/ or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.